

## Quiet Time Journal Form-8 Steps for an Encounter With God

1. **Wait**—Hush yourself in the presence of God; seek to come before Him with an attitude of expectancy. Note the date, time and place for this encounter with God.

*Date:*

*Time:*

*Place:*

2. **Read**—Read the passage set aside for the day. Record the location of the passage and then paraphrase or summarize the main thought.

*Scripture:*

*Your summary:*

3. **Meditate**—Prayerfully consider the following questions regarding the passage for the day. Record your answers.

A) What does this passage teach me about God, Jesus, and/or the Holy Spirit?

B) Is there a command God wants me to obey?

C) Is there a promise to claim? Is the promise conditional?

D) Is there a new thought to follow and pursue?

E) Is there a sin to avoid?

*Be a Disciple; Make a Disciple.*

4. **Record**—Jot down briefly what the Lord has said to you through this passage. Always make it personal.

5. **Pray**—Use the things you have learned in this passage to offer prayer to God. Record your prayer thoughts.

6. **Ask**—Present your requests to God, not only for yourself, but also for others as well. List briefly the people you are praying for and the specific requests you are making.

7. **Share**—Share God's message to you with someone today. Write the name of the individual that you think would be most helped by this passage. Later, record whether you shared this passage and the results of sharing it.

8. **Obey**—Rewrite the command that may have been included in today's passage. Commit yourself to obey the command god revealed to you.