

## How to Benefit from Your Problems & Resolve Conflict

Discipleship is a Relationship

1. With God
2. With Family
3. With the Church
4. With the Lost

Suggested Memory Verses

James 1:2-4  
Hebrews 12:15

### Purpose: To learn how to see trials from God's perspective

1. From the memory verse, what good things can result from the trials we face, when we face them with the power of God? (James 1:2-4)
2. What is the promise that we should always remember when going through a hard time? (Romans 8:28)
3. What's a trial you have gone through that has allowed you to see the truth of these scriptures? How has it brought maturity and good for your life?
4. What's your natural response to most problems?
5. Consider God's desire for our response to problems. Is it different from your natural response?
  - A. James 1:2
  - B. Philippians 4:6
  - C. 1 Thessalonians 5:18
  - D. Romans 4:20-21
6. Which of the above responses seems the most difficult for you? If you did respond to problems in this way, how would it benefit you?
7. Read Psalm 119:71 and Proverbs 1:23. How might problems cause God's Word to take on new meaning for you?
8. How might problems prepare you to comfort others? 2 Corinthians 1:3-5
9. How might problems bring more power into your life? (2 Corinthians 12:7-10)

## (How to Benefit from Your Problems & Resolve Conflict Continued)

10. Share a recent conflict which you have had with someone. This could be someone in your family, someone on the job, someone at church, or someone you've dealt with in your daily routine of life. What were the problems behind this conflict? How did you react?
  
11. Read the following verses. Find some good principles to remember the next time you are faced with a conflict.
  - A. James 1:19-20
  
  - B. Matthew 5:39-40
  
  - C. Proverbs 15:1
  
  - D. Matthew 7:12
  
12. Considering the principles mentioned above, how would you grade yourself in your reaction to the conflict you mentioned in question #10 and most other conflicts you face?
  
13. Once a conflict has taken place, it's important that several things become evident in your life. According to these Scriptures, what are these things?
  - A. Matthew 6:14-15
  
  - B. Hebrews 12:15
  
  - C. Matthew 5:23-24
  
14. Are you holding a grudge and refusing to forgive anyone? If yes, who is it?
  
15. Read Matthew 18:21-35. How much has God forgiven you and what kind of an effect should this have on your forgiveness towards others?

What is another lesson you can learn from this parable?

16. Can a Christian lead a full life without having forgiven an offender? (Hebrews 12:15)
  
17. God wants to work in your life amidst problems, but it takes a humbling of yourself before God can work. When you do humble yourself, then God is able to give you much \_\_\_\_\_ (James 4:6).

Note: When problems arise, one tends to pray more too. Don't wait to pray until you have a problem. PRAY NOW...and it might save you a few problems as you draw closer to God.

18. Pray for one another and about any problems that might be present in your lives at this time.



Listen to ABC CD#3 – “How to Resolve Basic Conflicts” by: Dean Mills